Clinical & Eldercare Wellness Visit Report - Lwakhakha



PREPARED EXCLUSIVELY FOR:
Ms. Jane Waliaula & Mr. Toili Sitati — Toronto, Ontario, Canada

SUBJECT OF CARE:
Mama Jenifa Nekoye Sitati, age 78 — Lwandanyi Village, Lwakhakha, Bungoma County

DEPLOYED EXPERTS:
Gift Nanjekho, BScN, RN; Joan Majani, CPA-K

FIELDDEPLOYMENT:5November2026 | **REPORT ISSUANCE:** 7 November 2026 |
MANDATE: SAL-CLIN-2026-11-004

Verify. Protect. Assure.

EXECUTIVE SUMMARY & TRAFFIC LIGHT DASHBOARD

EXECUTIVE SUMMARY

The team identified a medication stockout and acted immediately.

The caregiver received clinical training and a 30-day medication supply was procured.

Mama Sitati was in good spirits and living in a safe, well-maintained bungalow.

STATUS DASHBOARD

HOMESTEAD ENVIRONMENT
GREEN: clean, secure, well-ventilated, with no identified fall hazards.

CAREGIVER PERFORMANCE
GREEN: attentive, respectful, receptive to training, and keeps a logbook.

CLINICAL VITALS
AMBER: elevated initially, stabilized after intervention and caregiver education.

MEDICATION COMPLIANCE
RESOLVED: consultation facilitated and prescribed medication supply restored.

INTERVENTION HIGHLIGHT

The caregiver received clinical training and a 30-day medication supply was procured.

MOCK / ILLUSTRATIVE REPORT

CLINICAL ASSESSMENT & VITALS

PATIENT PROFILE

Patient: MamaJenifaNekoye Sitati | **Age:** 78 | **Sex:** Female

Known conditions: Essential hypertension, diagnosed 2014; Type 2 diabetes mellitus, diagnosed 2016.

Pre-visit medications: Amlodipine 5 mg once daily, Metformin 500 mg twice daily.



CLINICAL VITALS

MOCK / ILLUSTRATIVE REPORT

Initial vitals, 14:15 EAT:

Blood pressure	165/95 mmHg
Temperature	36.7 °C
Random blood glucose	14.8 mmol/L
SpO_2	96% on room air
Heart rate	88 bpm
Respiratory rate	16 breaths/min

INITIAL OBSERVATIONS

Alert and oriented; mild fatigue, no acute distress, adequate hydration, no peripheral edema.

ROOT CAUSE

Caregiver reported the medications had run out three days earlier, distance and transport barriers prevented refill.

CONFIDENTIAL CLINICAL ADDENDUM: FIELD SOAP NOTE

SALIMINI STEWARDS — CLINICAL FIELD NOTE | Mandate Ref: SAL-CLIN-2026-11-004

Patient: Jenifa Nekoye Sitati, 78y, F | **Clinician:** Gift Nanjekho, BScN, RN | 05 November 2026, 14:30 EAT

SUBJECTIVE:

Patient reports feeling 'a bit tired'; denies chest pain, shortness of breath, palpitations, dizziness, or visual disturbance. Caregiver reports Amlodipine and Metformin ran out three days ago; transport and distance prevented refills.

MOCK / ILLUSTRATIVE REPORT

OBJECTIVE:

Alert,orientedx3, in good spirits, mild fatigue.

BP 165/95 mmHg; HR 88 bpm; temperature 36.7 °C; SpO2 96%; RBS 14.8 mmol/L. Normal heart sounds; lungs clear; no edema; capillary refill under 2 seconds.

ASSESSMENT:

Uncontrolled essentialal hypertension and Type 2 diabetes following medication lapse; healthcare-access barrier; stable, with no acute emergency.

PLAN:

Earégiver*on warning*signs;*remote*check-in scheduled 12 November 2026; recommend Intensive Monthly Concierge Plan.

/s/ Gift Nanjekho, RN | NCK/REG/44902 | 05 November 2026

IMMEDIATE CLINICAL INTERVENTION: THE SALIMINI DIFFERENCE

The teamresponded to themedicationstockout with direct support and caregiver training.

TIMELINE

14:45 —Steward and caregiver travel to Bungoma Town.

15:30 —Arrival at LifeCare Multispeciality Hospital.

15:45 — Physician consultation and revised prescription fora30-day supply.

16:15 — Medication supply procured; 16:22 — groceries and fruits procured using the pre-approved welfare fund.

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17:00 —Return to Lwandanyi Village; 17:15 — caregiver training begins.





CAREGIVER-TRAINING HIGHLIGHT

PROCUREMENT EVIDENCE — CHAIN OF CUSTODY

Original documents are retained in Salimin's secure client file for 24 months.

Document A — Medical Prescription
LifeCare Multispeciality Hospital, Bungoma Town
Dr. Timothy Wekesa;
dated 05 November 2026;
patient Jenifa Sitati, age 78;
diagnoses and prescriptions as supplied.

Document B — Pharmacy Purchase Receipt
LifeCare In-House Pharmacy;
receipt RX-20261105-089;
dated 05 November 2026;
procured by Joan Majani;
itemized medication purchase and total as supplied.

Document C — Grocery Procurement Receipt
Naivas Supermarket, Bungoma Branch;
receipt NV-BGA-99382;
dated 05 November 2026;
itemized groceries and hygiene products and total as supplied.

LifeCare
MULTISPECIALITY HOSPITAL

Bungoma Town
P.O. Box 1243
Bungoma, Kenya
Tel: 020 440 1122

MEDICAL PRESCRIPTION

Patient Name: Jenifa Sitati
Age: 18 years
Date: 05 November 2026
OPD No: LC/OPD/26731

Diagnosis:
1. Hypertension
2. Type 2 Diabetes Mellitus
3. Osteoarthritis
4. Gastritis

Prescription:
1. Amlodipine 5 mg tablets — 30 tablets
   Take 1 tablet once daily (for blood pressure)
2. Metformin 500 mg tablets — 60 tablets
   Take 1 tablet twice daily (for diabetes)
3. Omeprazole 20 mg capsules — 30 capsules
   (for 1 capsule once daily (for gastritis)
4. Paracetamol 500 mg tablets — 30 tablets
   Take 1 tablet three times daily as needed (for pain)

Review after 4 weeks.

LifeCare Multispeciality Hospital
Bungoma Town
P.O. Box 1243
Bungoma, Kenya

Dr. Timothy Wekesa
Medical Officer
LifeCare Multispeciality Hospital
Bungoma Town

LifeCare
In-House Pharmacy
Bungoma Town
P.O. Box 1243, Bungoma, Kenya
Tel: 020 440 1122

RECEIPT

Receipt No: RX-20261105-089
Date: 05 November 2026
Time: 14:27
Served By: Joan Majani

Item	Qty	Unit (KSh)	Total (KSh)
Amlodipine 5 mg tablets	30	12.00	360.00
Metformin 500 mg tablets	60	2.50	150.00
Omeprazole 20 mg capsules	30	8.00	240.00
Paracetamol 500 mg tablets	30	1.50	45.00
Subtotal			795.00
Total (KSh)			**795.00**

Payment Method: Cash
Amount Received: 800.00
Change: 5.00

Thank you for choosing
LifeCare In-House Pharmacy
Your Health Our Priority

naivas
Supermarket
BETTER LIVING
Bungoma Branch
P.O. Box 332, Bungoma, Kenya
Tel: 020 440 3344

RECEIPT

Receipt No: NV-BGA-99382
Date: 05 November 2026
Time: 16:03
Served By: Cashier 04

Item	Qty	Unit (KSh)	Total (KSh)
Maize Flour 2kg	1	180.00	180.00
Rice 2kg	1	250.00	250.00
Cooking Oil 1L	1	280.00	280.00
Sukuma Wiki	1	50.00	50.00
Tomatoes 1kg	1	120.00	120.00
Onions 1kg	1	100.00	100.00
Sugar 1kg	1	150.00	150.00
Soap (bar)	4	40.00	160.00
Toilet Paper	2	75.00	150.00
Detergent 1kg	1	220.00	220.00
Subtotal			1,610.00
Total (KSh)			**1,610.00**

Payment Method: Cash
Amount Received: 1,610.00
Change: 0.00

Thank you for shopping at Naivas
Better Living Every Day

MOCK / ILLUSTRATIVE REPORT

CAREGIVER TRAINING & CAPACITY BUILDING



Medication administration:

Amlodipine each morning; Metformin with meals; store medications in a cool, dry place away from direct sunlight.



Symptom recognition:

Watch for sweating, confusion, shakiness, or hunger; also dizziness, severe headache, blurred vision, or chest tightness.

MOCK / ILLUSTRATIVE REPORT



Hydration and diet:

Reinforce thestated targetof 6–8 glasses daily and review the procured groceries for diabetic and low-sodium choices.



Logbook maintenance:

Recorddaily mood, appetite, medication taken, and any symptoms; review during visits and remote check-ins.

RECOMMENDATIONS & FREQUENT MONITORING PLAN



IMMEDIATE FOLLOW-UP

Immediate follow-up: caregiver logs morning and evening observations; Nurse Gift's remote WhatsApp check-in is scheduled for 12 November 2026.



MONTHLY PLAN

Recommended retainer: Intensive Monthly Concierge Plan, $395/month.

The plan includes bi- weekly nursing visits, monthly grocery and medication conciliation, a monthly dossier and family debrief, and founder-level quality assurance.



ENVIRONMENTAL WELFARE

Environmental and social welfare: the report describes a sound bungalow without identified fall hazards and regular visits from neighbors and the local church group.

MOCK / ILLUSTRATIVE REPORT

CONCLUSION, SIGN-OFFS & CHAIN OF CUSTODY

FIELD EVIDENCE & CARE HANDOVER LOG

MandateRef:SAL-CLIN-2026-11-004 | **Date: : 05November2026**

CONCLUSION

The report identifies medication procurement logistics as the vulnerability and documents direct intervention, caregiver training, and follow-up recommendations.

CLOSING STATEMENT

Medication handover: acknowledgment of receipt of the 30-day medication supply and training on dosage, timing, and storage.

Nutritional support handover: acknowledgment of receipt of the one-month supply of groceries and hygiene items.

Salimini Stewards attestation: interventions, receipts, prescription, and clinical findings are represented as stated in this dossier.

MOCK / ILLUSTRATIVE REPORT

SIGNATURE BLOCKS

Caregiver:
Ms. Nafula

Lead Clinical Officer:
Gift Nanjekho, BScN, RN

Lead Steward:
Joan Majani, CPA-K

VERIFIED PROJECT. ASSURE!

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